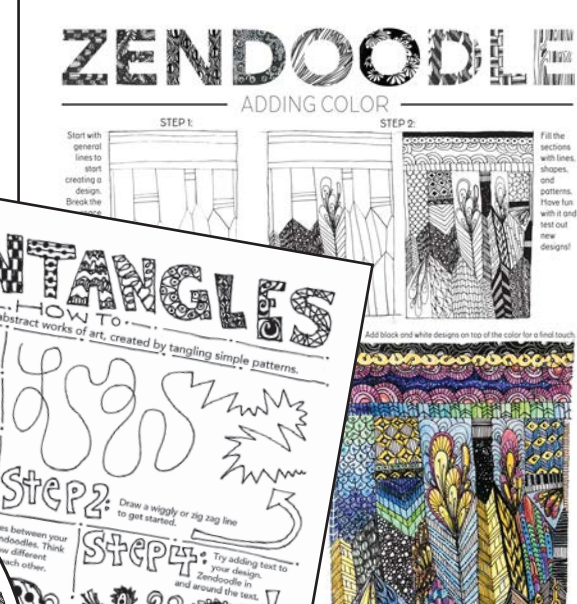
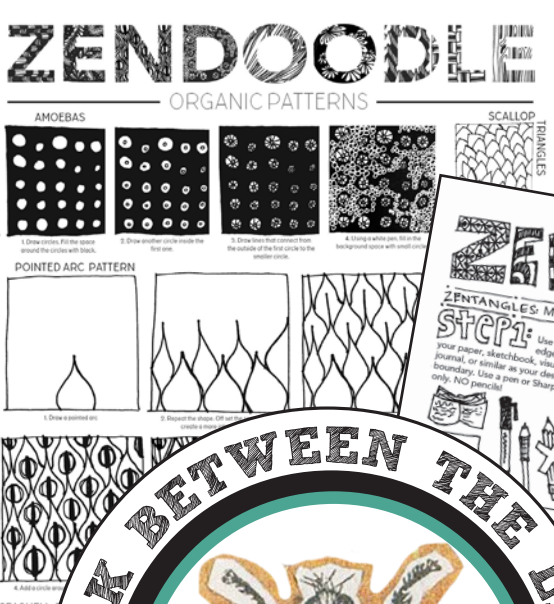
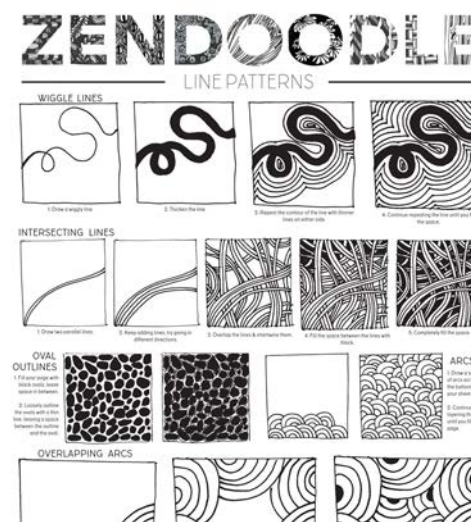
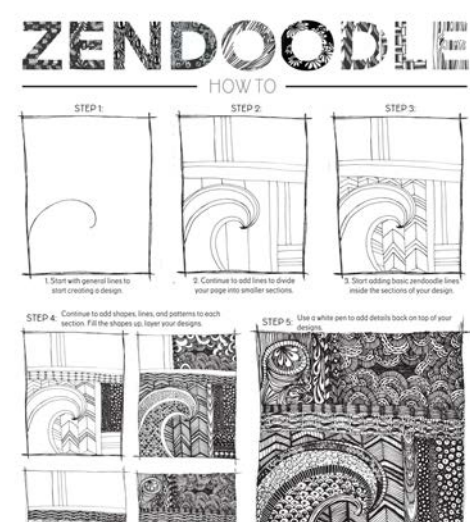
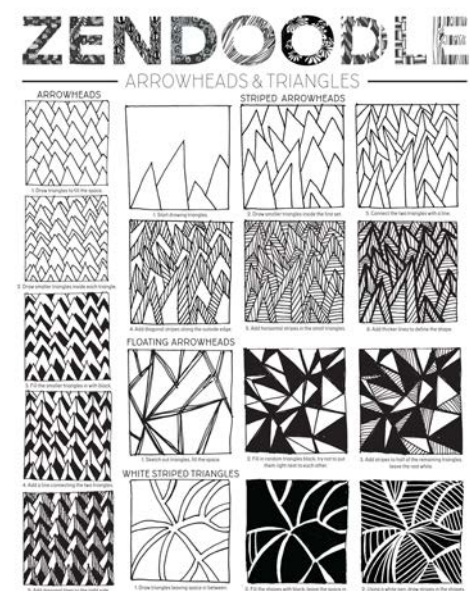
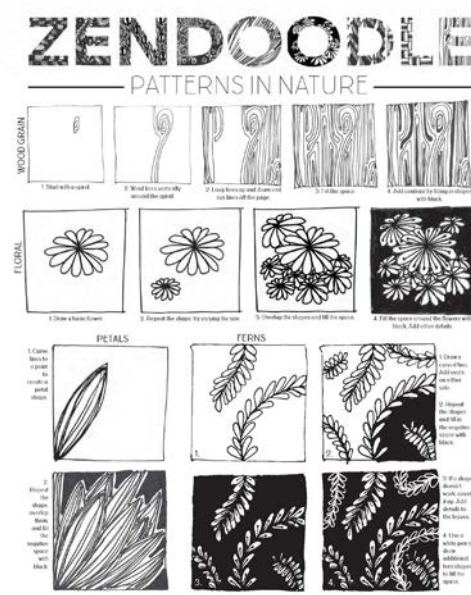


ART ACTIVITIES & WORKSHEETS

9 PRINTABLE ZENDOODLE HANDOUTS

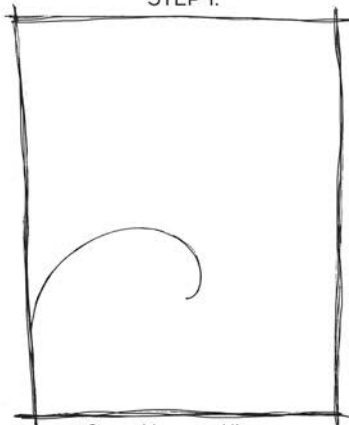


INFO & TIPS ON THE FRONT
ACTIVITIES ON THE BACK

ZENDOODLE

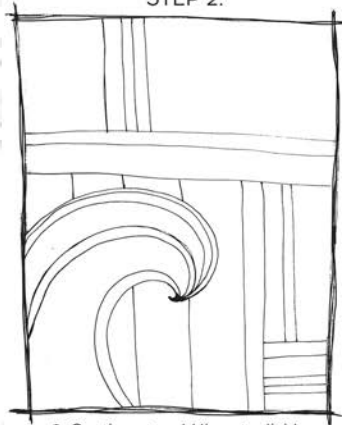
HOW TO

STEP 1:



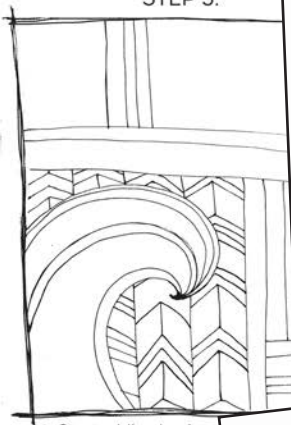
1. Start with general lines to start creating a design.

STEP 2:



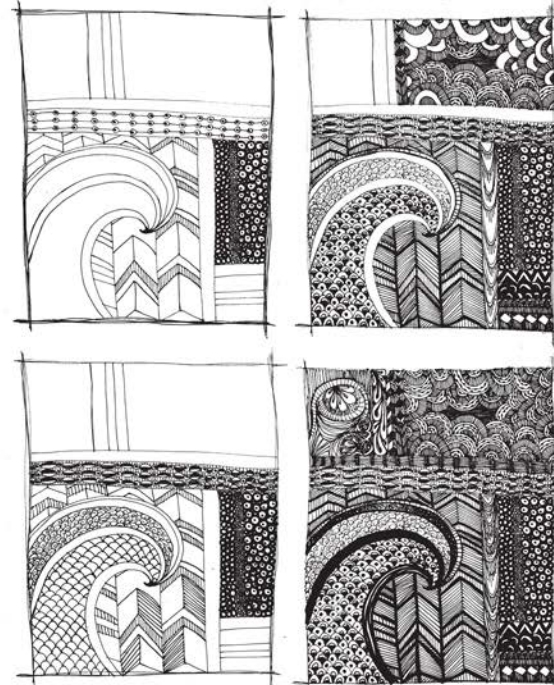
2. Continue to add lines to divide your page into smaller sections.

STEP 3:



3. Start adding basic zentangle patterns inside the sections of your design.

STEP 4: Continue to add shapes, lines, and patterns to each section. Fill the shapes up, layer your designs.

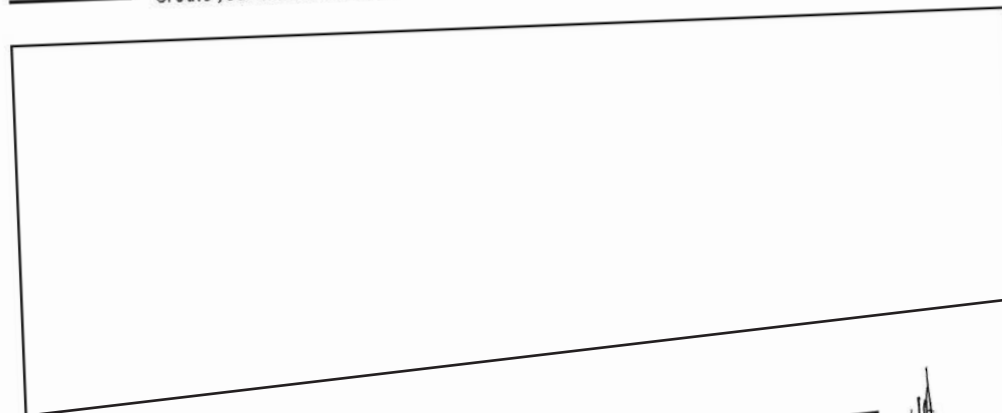


STEP 5: Use a white pen to add details back onto the design.

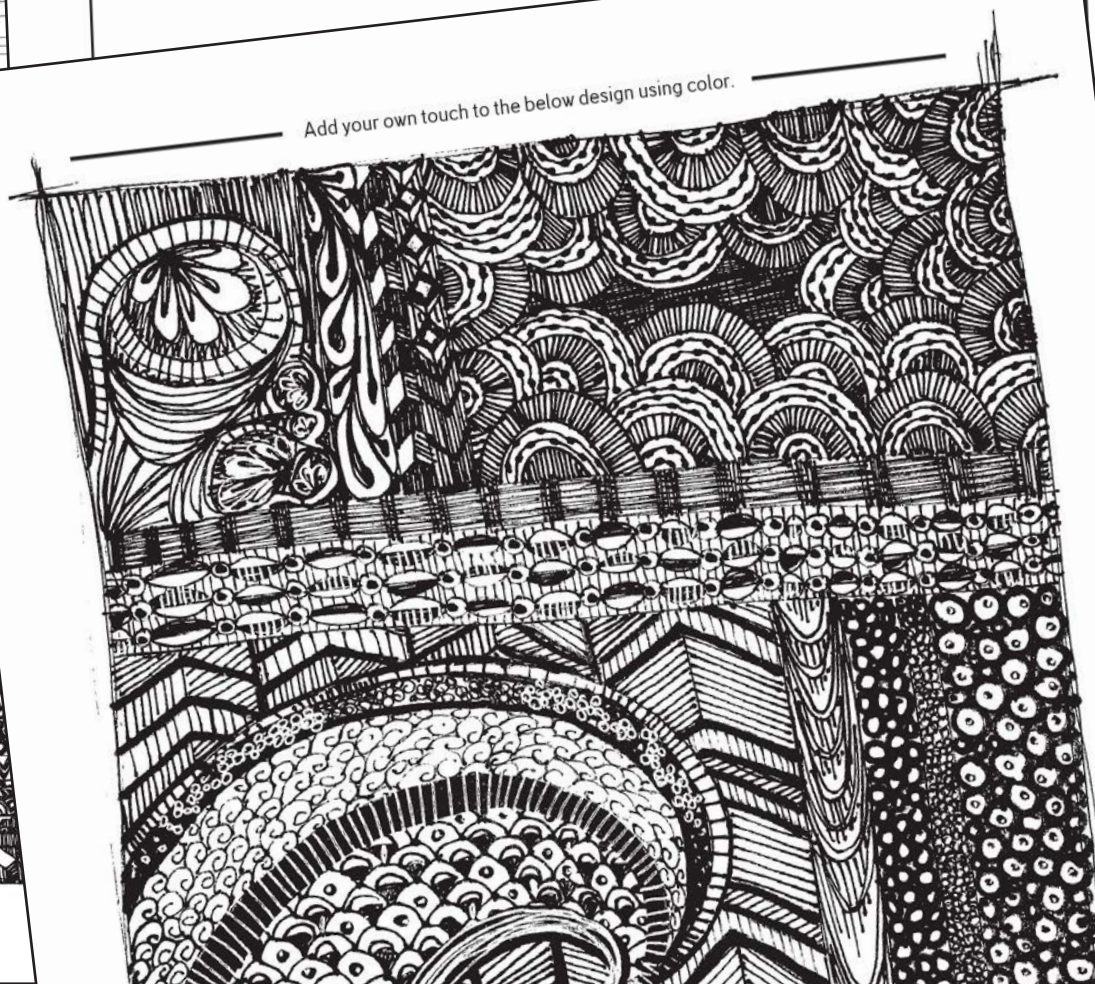


ZENDOODLE

Create your own zendoodle design below. Be creative with your patterns and shapes.



Add your own touch to the below design using color.



ZENDOODLE HOW TO

EXAMPLES & INFO ON THE FRONT,
ACTIVITIES ON THE BACK

ZENTANGLES

HOW TO

ZENTANGLES: Mini, abstract works of art, created by tangling simple patterns.

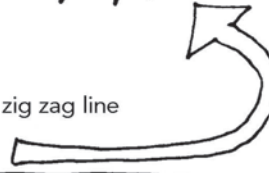
STEP 1:

Use the edge of your paper, sketchbook, visual journal, or similar as your design boundary. Use a pen or Sharpie only. NO pencils!



STEP 2:

Draw a wiggly or zig zag line to get started.



STEP 3:

Fill the spaces between your lines with zendoodles. Think of ways to flow different patterns into each other.



STEP 4:

Play, be creative, and have fun!



STEP 5:

Try adding text to your design. Zendoodle in and around the text.



STEP 6:

Use a pencil to add value to your zendoodles to help add dimension. Dark areas will appear to go back in space, light areas will appear to come forward.

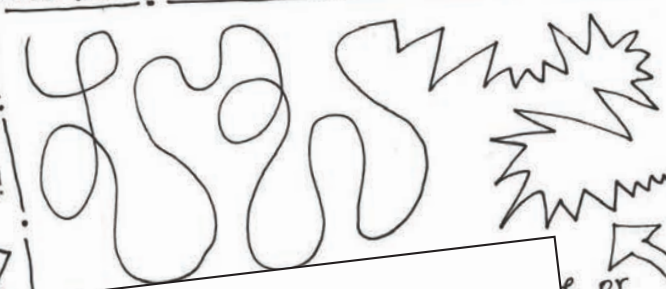


ZENTANGLES

HOW TO

ZENTANGLES: mini, abstract works of art, created by tangling simple patterns.

STEP 1: Use the edge of your paper, or visual journal, as your design boundary. Use a pen or Sharpie only. NO pencils!



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Practice your tangling! Fill the page with your zendoodle designs.

ZENTANGLES

ZENDOODLE OVERVIEW

EXAMPLES & INFO ON THE FRONT,
ACTIVITIES ON THE BACK

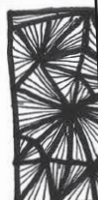
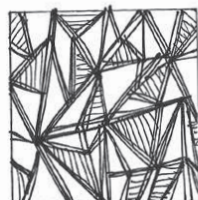
ZENDOODLE

PATTERNS

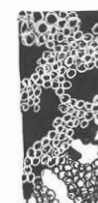
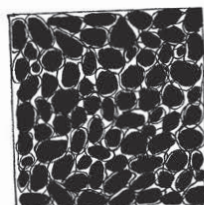
LINES



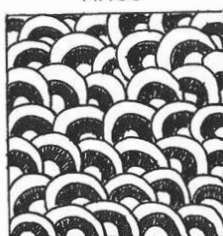
TRIANGLES



CIRCLES



ARCS



DIAGONAL



SPIRALS



ZENDOODLE

PRACTICE

Fill the boxes below with your own Zendoodles. Show examples of lines, diagonals, arcs, circles, triangles, and spirals.
Try combining techniques to create new designs.

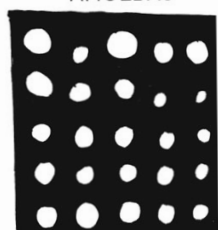
ZENDOODLE PATTERNS

EXAMPLES & INFO ON THE FRONT,
ACTIVITIES ON THE BACK

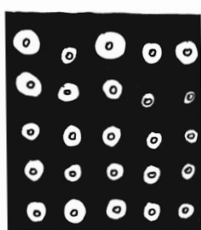
ZENDOODLE

ORGANIC PATTERNS

AMOEBAS



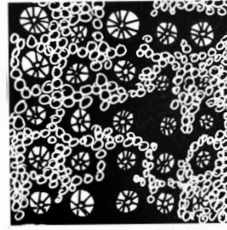
1. Draw circles. Fill the space around the circles with black.



2. Draw another circle inside the first one.



3. Draw lines that connect from the outside of the first circle to the smaller circle.



4. Using a white pen, fill in the background space with small circles.



1. Fill the space around the circles with black.



2. Add a second circle inside of each first one.



3. Add a line in the center of each shape.



4. Draw a line in the center of each shape.

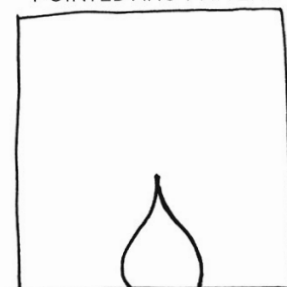


5. Using a white pen, fill in the background space with small circles.

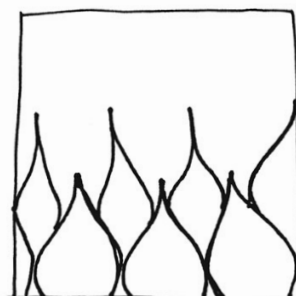


6. Fill the line at the top with black, add extra circles in the center of each shape.

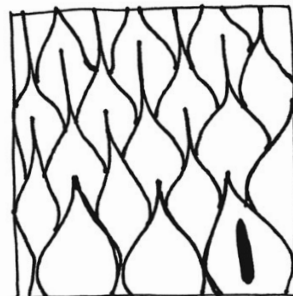
POINTED ARC PATTERN



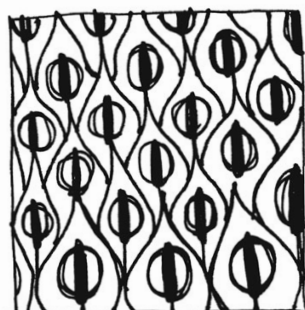
1. Draw a pointed arc.



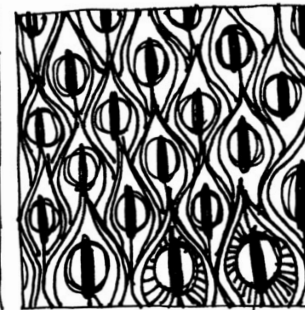
2. Repeat the shape. Off set the second row to create a more interesting look.



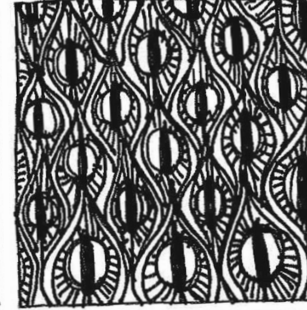
3. Fill the space. Add a line in the center of each shape.



4. Add a circle around the line in each shape.



5. Add two lines on either side of the circle in each shape.

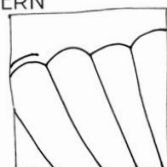


6. Add lines between the circle and the added lines. This creates an interesting pattern and texture.

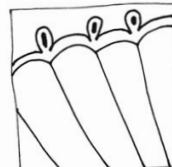
SEASHELL PATTERN



1. Draw a scalloped line.



2. Draw lines from the points to the bottom of the space.



3. Add a pattern to the top.



4. Add shaded lines to one side of the vertical lines to create value.



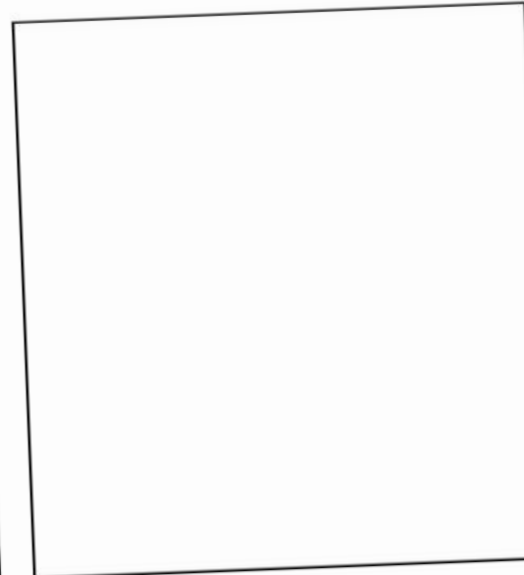
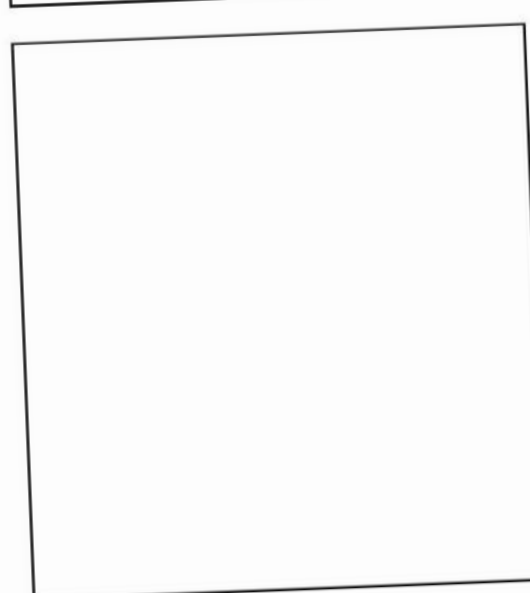
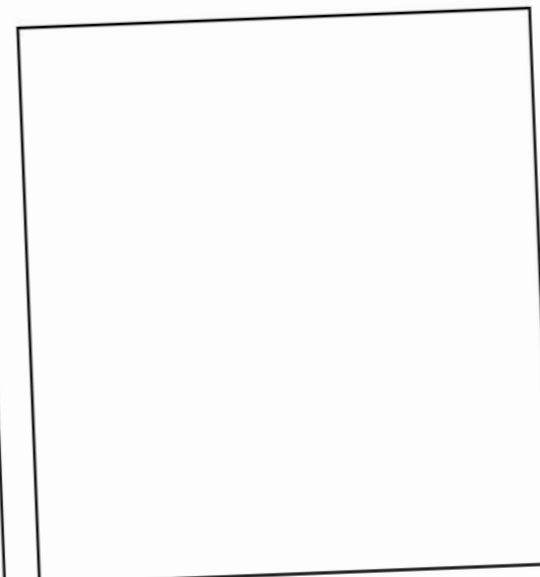
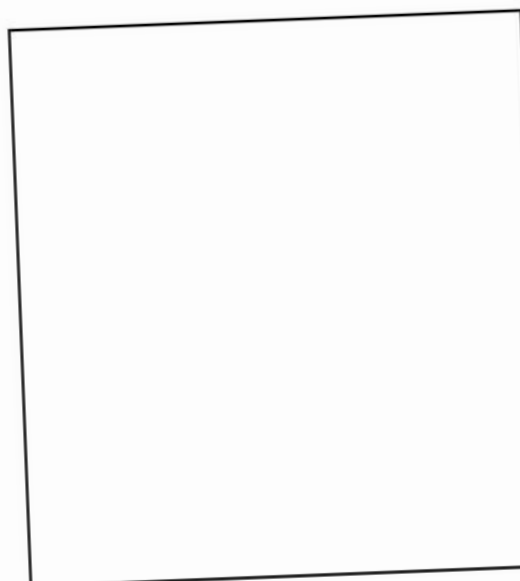
5. Fill in the background space with black to create contrast.



6. Fill the line at the top with black, add extra circles in the center of each shape.

ZENDOODLE

Create four organic inspired zendoodles below. Use the examples on the front as inspiration for your own.

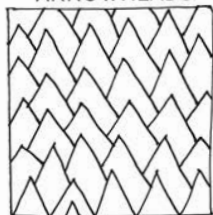


ORGANIC PATTERNS
EXAMPLES & INFO ON THE FRONT,
ACTIVITIES ON THE BACK

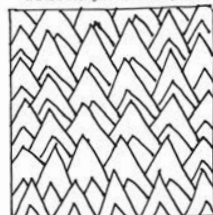
ZENDOODLE

ARROWHEADS & TRIANGLES

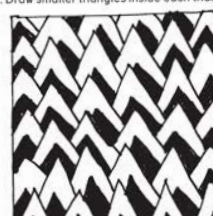
ARROWHEADS



1. Draw triangles to fill the space.



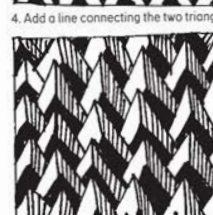
2. Draw smaller triangles inside each triangle.



3. Fill the smaller triangles in with black.

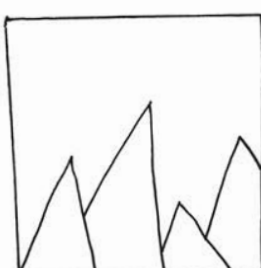


4. Add a line connecting the two triangles.

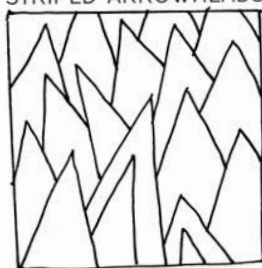


5. Add diagonal lines to the right side.

STRIPED ARROWHEADS



1. Start drawing triangles.



2. Draw smaller triangles inside the first set.



3. Connect the two triangles.



4. Add diagonal stripes along the outside edge.



5. Add horizontal stripes in the small triangles.

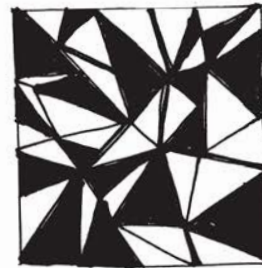


6. Add thicker lines to define the triangles.

FLOATING ARROWHEADS



1. Sketch out triangles, fill the space.



2. Fill in random triangles black, try not to put them right next to each other.



3. Add stripes to half of the remaining white space, leave the rest white.

WHITE STRIPED TRIANGLES



1. Draw triangles leaving space in between.



2. Fill the shapes with black, leave the space in between white.



3. Using a white pen, draw stripes in the white space.

ZENDOODLE

Create four triangle inspired zendoodles below. Use the examples on the front as inspiration for your own.

ARROWHEADS & TRIANGLES

EXAMPLES & INFO ON THE FRONT,
ACTIVITIES ON THE BACK

ZENDOODLE

CHECKERBOARD PATTERNS

STRIPED HERRINGBONE



1. Draw vertical stripes, vary the thickness.



2. Add diagonal lines in each section.

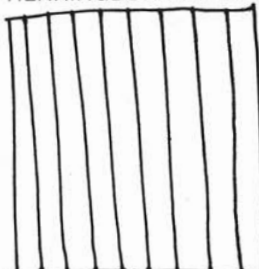


3. Reverse the direction of the diagonal line in each section so they meet at a point.

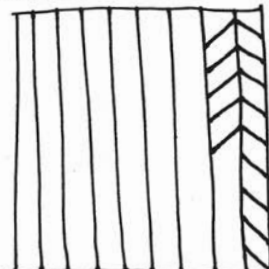


4. Fill the entire

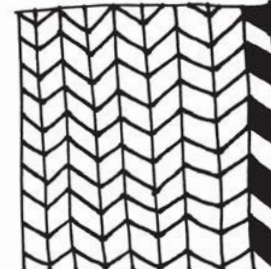
HERRINGBONE CHECKERBOARD



1. Draw vertical stripes evenly spaced.



2. Add diagonal lines in each section. Reverse the direction of the diagonal line in each section so they meet at a point.

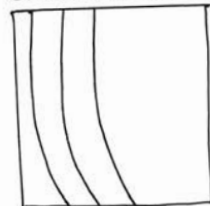


3. Fill in every other shape with black.

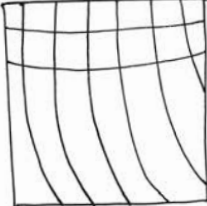


4. Fill the entire

OP CHECKERBOARD



1. Draw vertical lines that curve.



2. Draw horizontal lines that curve.



3. Fill in the squares with black to create a checkerboard.

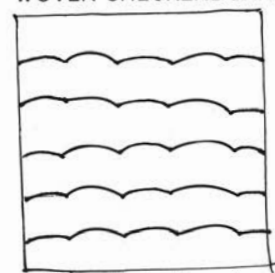


4. Use a white pen to draw vertical lines in the black boxes.

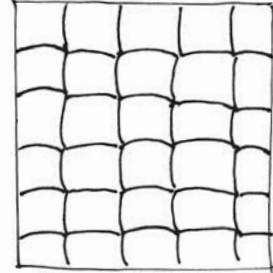


5. Use a black pen to draw horizontal lines in the white boxes.

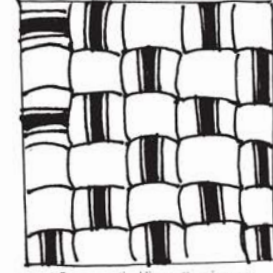
WOVEN CHECKERBOARD



1. Draw curved horizontal lines evenly spaced.



1. Draw curved vertical lines that connect to the horizontal lines.



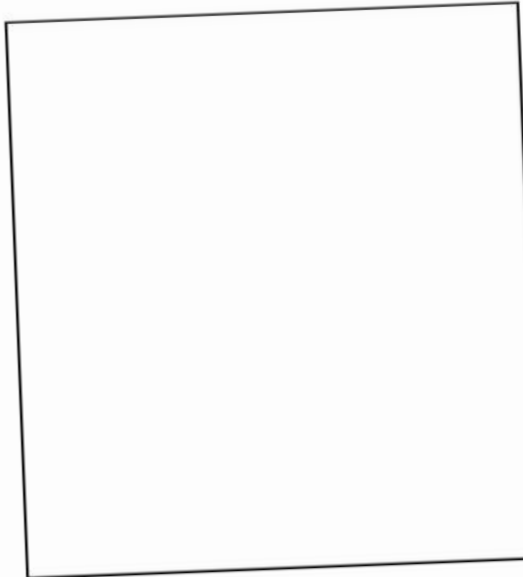
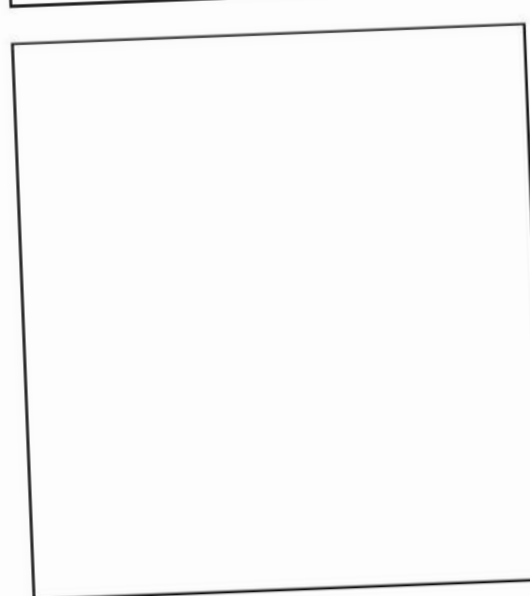
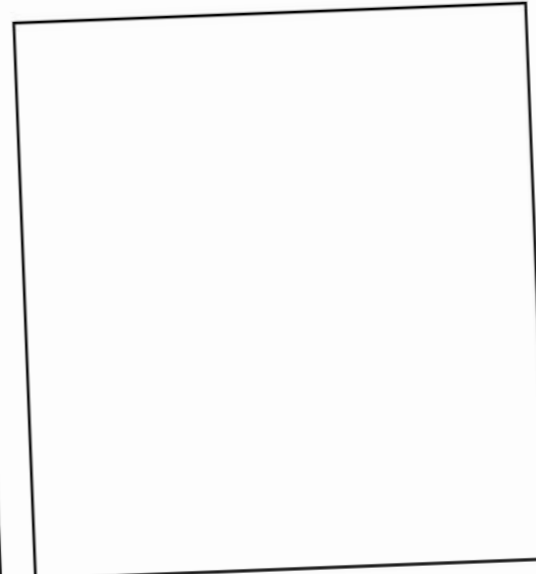
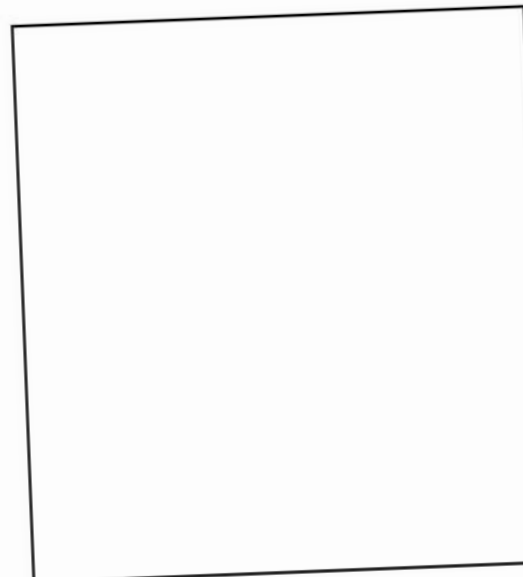
1. Draw a vertical line pattern in every other square.



1. Draw the same line pattern in every other square to fill up the rest of the pattern.

ZENDOODLE

— Create four checkerboard inspired zendoodles below. Use the examples on the front as inspiration for your own. —

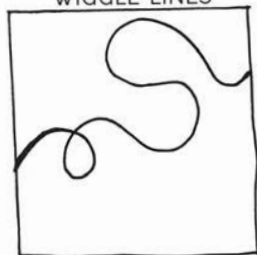


CHECKERBOARDS
EXAMPLES & INFO ON THE FRONT,
ACTIVITIES ON THE BACK

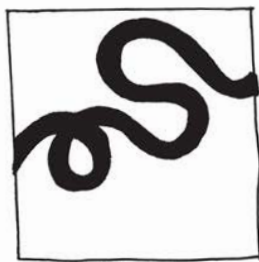
ZENDOODLE

LINE PATTERNS

WIGGLE LINES



1. Draw a wiggly line.



2. Thicken the line.

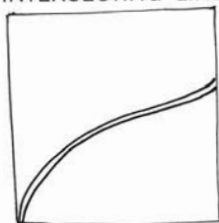


3. Repeat the contour of the line with thinner lines on either side.

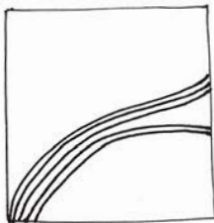


4. Continue repeating the pattern on the opposite side.

INTERSECTING LINES



1. Draw two parallel lines.



2. Keep adding lines, try going in different directions.



3. Overlap the lines & intertwine them.



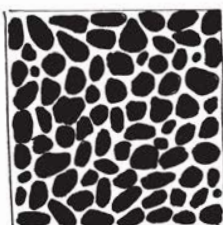
4. Fill the space between the lines with black.



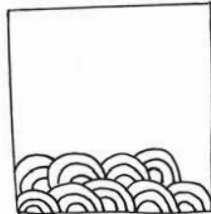
5. Complete the pattern.

OVAL OUTLINES

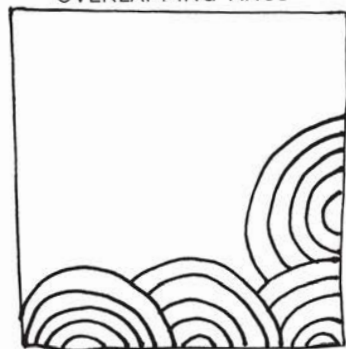
1. Fill your page with black ovals, leave space in between.



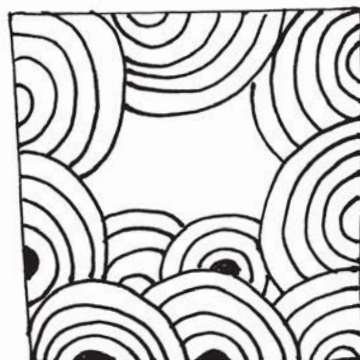
2. Loosely outline the ovals with a thin line, leaving a space between the outline and the oval.



OVERLAPPING ARCS



1. Draw a series of arcs around the outer edge of your paper.



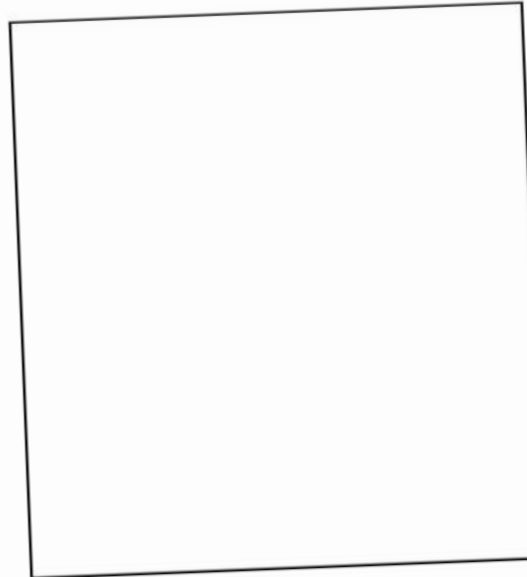
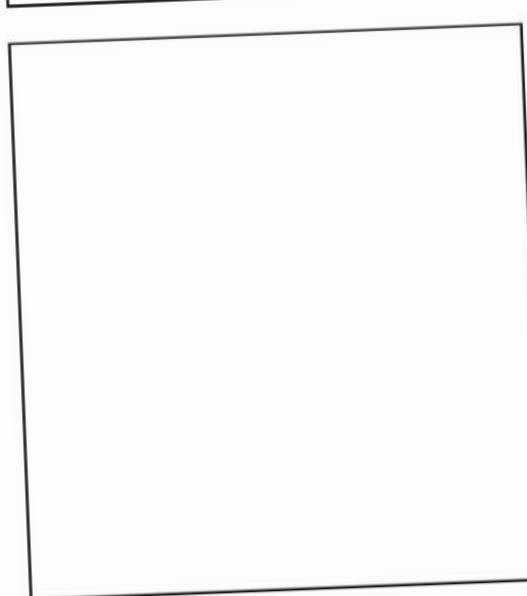
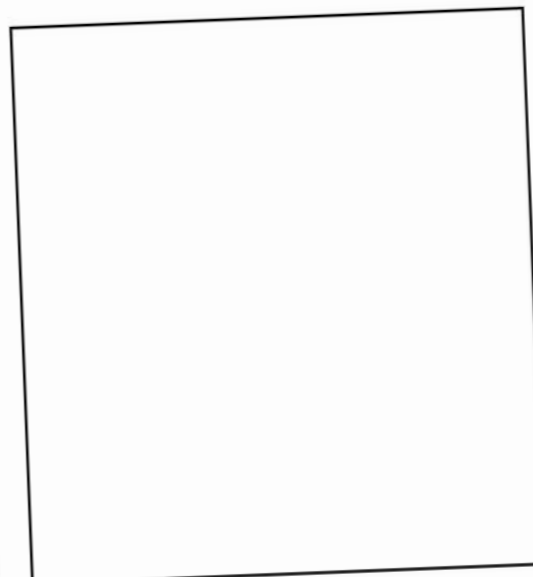
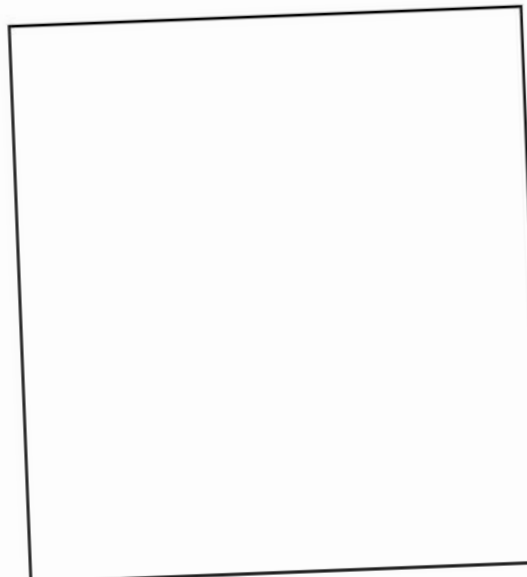
2. Draw a second, smaller set of arcs behind the first set. Fill in one of the arc sections with black to create contrast.



3. Continue to add arcs until you reach the edge of the paper.

ZENDOODLE

Create four line inspired zendoodles below. Use the examples on the front as inspiration for your own.



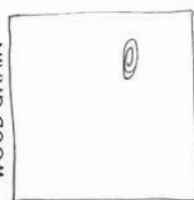
LINE PATTERNS

EXAMPLES & INFO ON THE FRONT,
ACTIVITIES ON THE BACK

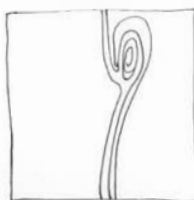
ZENDOODLE

PATTERNS IN NATURE

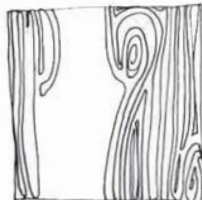
WOOD GRAIN



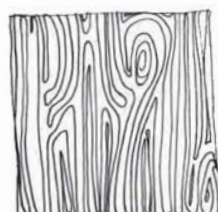
1. Start with a spiral.



2. Wind lines vertically around the spiral.



2. Loop lines up and down and run lines off the page.

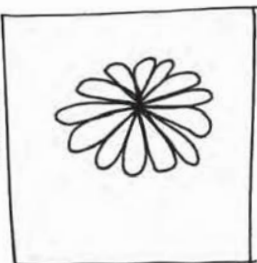


3. Fill the space.

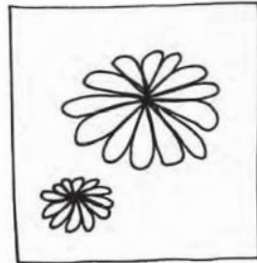


4. Add contrast by filling with black.

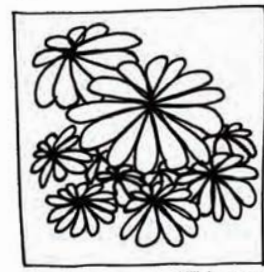
FLORAL



1. Draw a basic flower.



2. Repeat the shape, try varying the size.



3. Overlap the shapes and fill the space.



4. Fill the space around the black. Add other colors.

PETALS

1. Curve lines to a point to create a petal shape.



2. Repeat the shape, overlap them, and fill the negative space with black.



FERNS



1.



2.



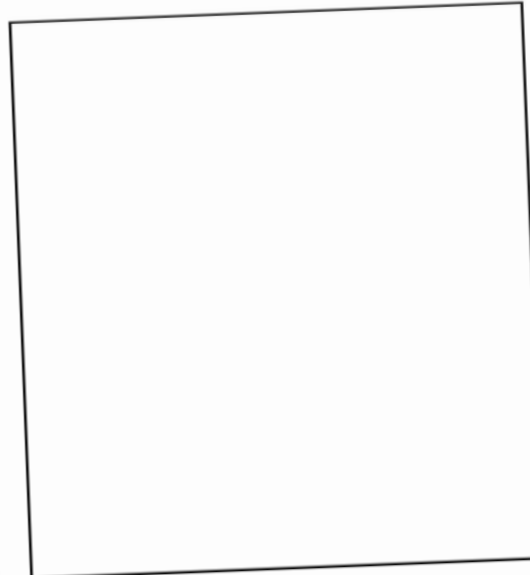
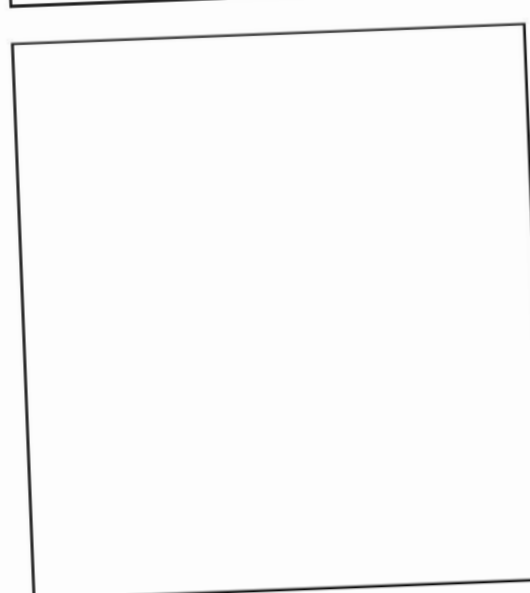
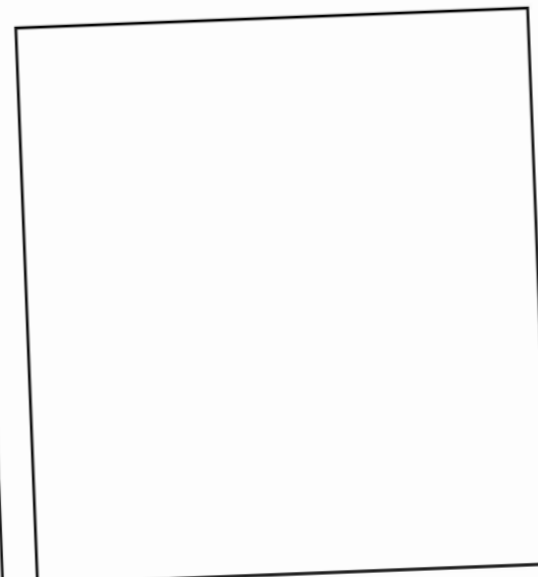
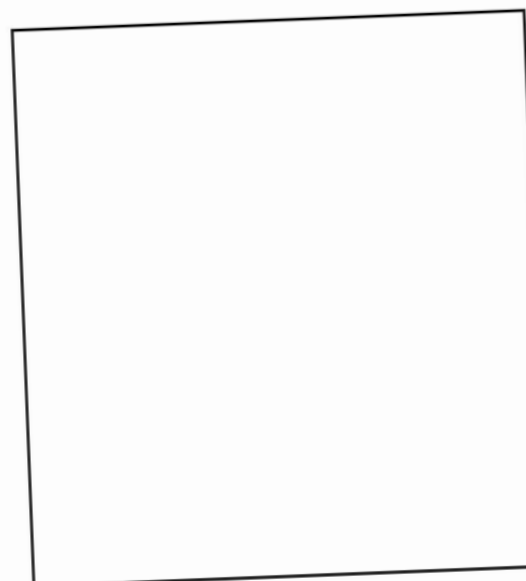
3.



4.

ZENDOODLE

Create four nature inspired zendoodles below. Use the examples on the front as inspiration for your own.



NATURE PATTERNS

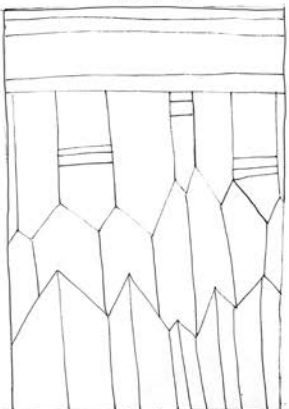
EXAMPLES & INFO ON THE FRONT,
ACTIVITIES ON THE BACK

ZENDOODLE

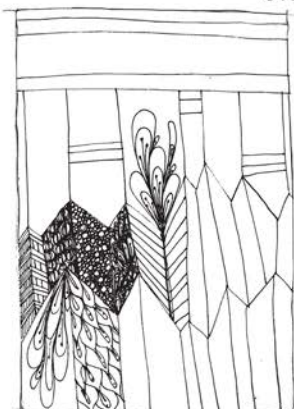
ADDING COLOR

STEP 1:

Start with general lines to start creating a design. Break the space down into smaller sections.



STEP 2:



STEP 3:



3. Start filling in your designs with color. Try to plan what colors go where, this will create better balance in your design.

Pro tip: Try filling in your shapes going from light colors to darker colors or working from one color to another. Remember your color wheel! Example: blue and yellow make green. If you color shapes blue, move to green, then yellow, the colors will flow well.



STEP 4: Add black and white designs on top of the color.



ZENDOODLE

Create your own colorful zendoodle design below. Be creative with your patterns and shapes.



Add your own touch to the below design using color.

ADDING COLOR

EXAMPLES & INFO ON THE FRONT,
ACTIVITIES ON THE BACK

ZENDOODLE ASSIGNMENT SHEET

While you are continuing your education through e-learning you will complete 5 worksheets that focus on incorporating line, shape, pattern, and color to create original works of art.

- Write your name on the worksheets.
- Read the information on the front of the worksheets.
- Pick THREE of the exercise worksheets that interest you (options 1-6).
- Complete the activities on the back of THREE of the worksheets (options 1-6).
- Read the front of the Zendoodle How To sheet and the Zendoodle Color How To sheet (sheets 7 and 8)
- Complete the back of these worksheets combining all your zentangle practice into two completed works of art. (sheets 7 and 8)
- Bring the completed worksheets back to school with you for a grade.

You will check in with your teacher with a progress update. Snap a picture of your worksheet and let them know how you are doing and if you have any questions.

E-mail your teacher at: _____

Check in by: _____

BACK TO SCHOOL:

When you return to school please bring the completed worksheets with you for a grade.

SUPPLIES:

To complete this assignment you will need a pencil, eraser, and ideally crayons, markers, or colored pencils. You may have to work with the materials you have, just do your best!

VOCABULARY:

- Elements of art: The building blocks of a work of art. The visual components of color, form, line, shape, space, texture, and value.
- Principles of design: The building blocks of a work of art. The visual components of color, form, line, shape, space, texture, and value.
- Emphasis: making a specific element stand out or draw attention to the eye. Emphasis can help create a focal point in a work of art.
- Balance: the arrangement of visual elements so that their visual weight is in harmony with one another.
- Movement: the path the viewer's eye takes through the work of art, often to focal areas. Movement can be implied or actual in a work of art. Implied movement are parts of a work of art that appear to have movement through the use of diagonals, texture, shapes,

or similar. Actual movement is achieved when parts of the work of art move, like a mobile.

- Color: the element of art that is produced when light, striking an object, is reflected to the eye. There are three properties to color hue, intensity, and value. Hue is the name we give to a color (red, yellow, blue, green, etc.). Intensity is the vividness of the color. Value, is how light or dark color is.
- Line: marks that span a distance between two points. Line is the use of various marks, outlines, and implied lines in artwork and design.
- Shape: Created by closing a space using lines and is two-dimensional. Shapes can be geometric, such as squares and circles or organic.
- Repetition and Pattern: Repetition is using of the same or similar elements throughout your **design**. Pattern is a repeating unit of shape or form.
- Unity: When elements in a work of art appear to go together.
- Variety: Can create interest in a work of art by placing different elements together that may contrast.
- Rhythm: can suggest movement or action in a work of art. Rhythm is usually achieved through **repetition** of lines, shapes, colors.
- Contrast: the arrangement of opposite elements and effects. For example, light and dark colors, smooth and rough textures, large and small shapes.
- Value: The lightness or darkness of tones or colors. White is the lightest value; black is the darkest. The value halfway between these extremes is called middle gray

CHECKLIST:

Before you return to school, make sure you have completed all your assignments using the below checklist:

1. Your name is written on every worksheet _____
You have pick THREE worksheets from options 1-6 and completed the activities. As you finish your worksheet put a check mark next to the ones you completed. You should end up with three check marks in this section.
 2. General Patterns Worksheet: _____
 3. Natural Patterns Worksheet: _____
 4. Triangle Patterns Worksheet: _____
 5. Herringbone and Checkerboard Patterns Worksheet: _____
 6. Doodling Line Patterns Worksheet: _____
 7. Organic Patterns Worksheet: _____
- Complete the two worksheets and check them off when you complete them.
8. Zendoodle How To: _____
 9. Zendoodle Color How To: _____

VIRTUAL LEARNING INSTRUCTIONS & CHECKLIST